

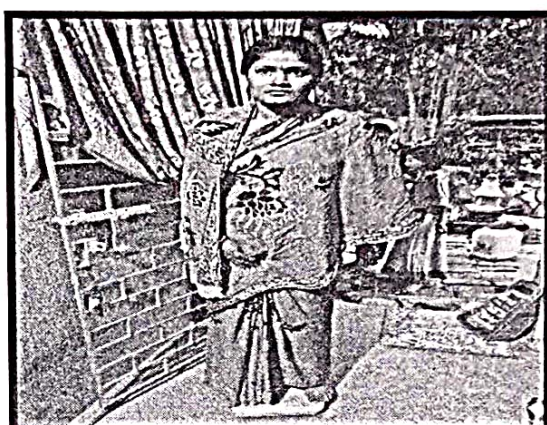
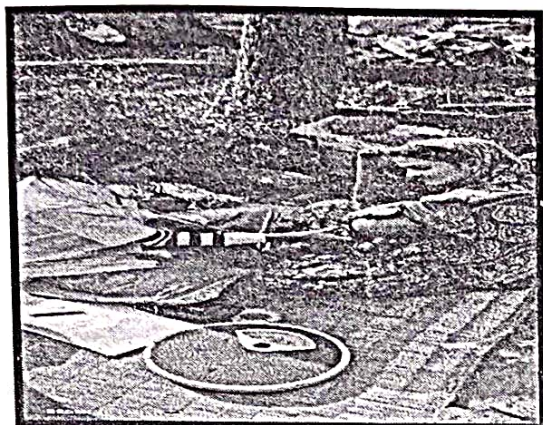
VIDYASAGAR UNIVERSITY

A Project Work

On

Effect on Oral Contraceptive Pills for Rural Female Health Status, Pataspur II Block Area.

This project work is submitted for the partial fulfillment for the award of degree of B.Sc. (Hons) from Vidyasagar University



Submitted by

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Certificate of Completion

This is to certify that Mr. /Miss. Mitali Mandal
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oral contraceptive pills for Female Health Status
for the course B.Sc subject Nutrition
paper CC -12 P in the year/session 2024 - 2025
He /She has submitted the dissertation / project on 18.03.2025

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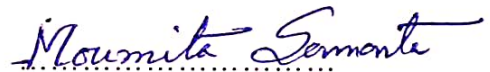
(UGC recognized as College with Potential for Excellence;
Affiliated to Vidyasagar University)

TO WHOM IT MAY CONCERN

This is to certify that **Mitali Mandal** Roll: 1125129; No.:220163; Regn. No.: 221291085 of Session:2022-2023) a student of B.Sc. Part –III(B.Sc 5th Sem), Dept. of Nutrition, under Vidyasagar University, Paschim Medinipur, has completed her project work under my guidance on the topics '**Effect on Oral Contraceptives Pills for Rural Female Health Status, Pataspur II Block Area**' for the partial fulfillment for the award of degree of B.Sc. from Vidyasagar University.

I am satisfied for her performance. She is energetic and up to date in her work; I wish success in her life.

Date: 12.03.2025



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Effect on Oral Contraceptives Pills for Rural Female Health Status, Pataspur II Block Area

ABSTRACT

In family needs in everyday life; housekeeping and maintaining the home; and making clothes for the family—and who is not employed outside the home. A housewife may also be called a *stay-at-home mother* or "SAHM". In the present study a survey was conducted to compare health status between Consumer and Non consumer. The survey was carried out at Pataspur-II block area, Purba Medinipur, West Bengal. The data was collected for Consumer (n=15) and for Non consumer (n=15). A housewife is a woman whose occupation is running or managing her family's home caring for her children; buying, cooking, and storing food for the family. The survey was found that different measurements like height, weight, blood pressure, pulse rate, waist and hip circumferences, were carried out. The participants were asked about their hygienic condition and diseases. It was found that there was no significant ($p>0.05$) differences in body mass index, systolic pressure, pulse pressure, pulse rate, between Consumer and Non consumer. But it has noticed that waist hip ratio are significantly ($p<0.05$) higher in rural areas as compare to Non consumer. It was observed that more percentage of Consumer was suffering from Weakness, Hypertension, activeness as compare to Non consumer. It was found that more percentage of Consumer were hygienic is proper maintain from washing of hands after toilet and washing of cooking utensils compare to Non consumer.

Keywords: Consumer, Non consumer, Health, Comparison, Body mass index, Waist-hip ratio, Disease, and Hygienic condition.

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Plate : Different activities during survey of Consumer of Pataspur-II Block area

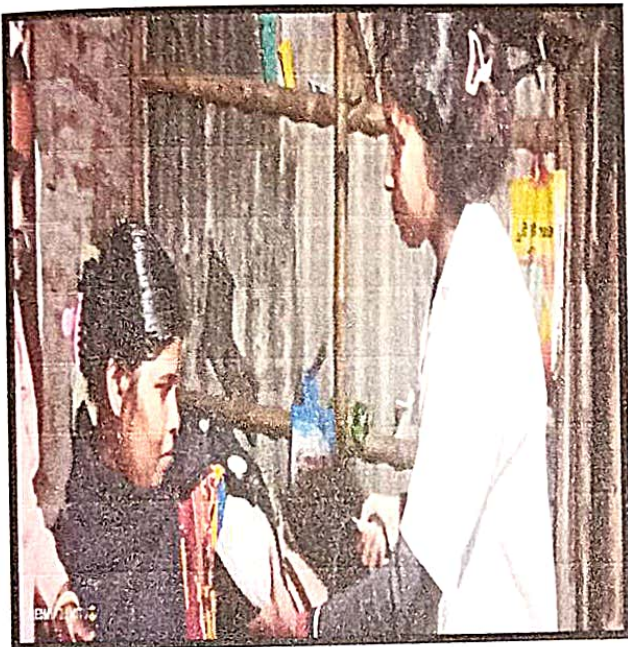
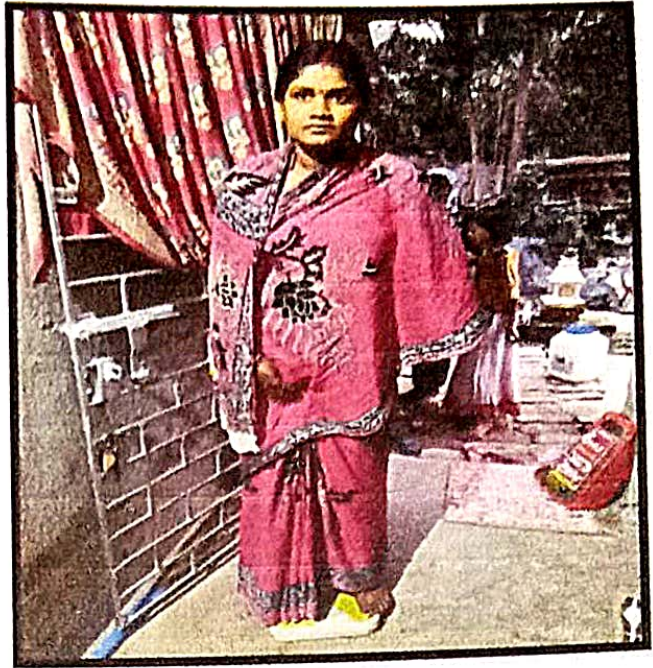
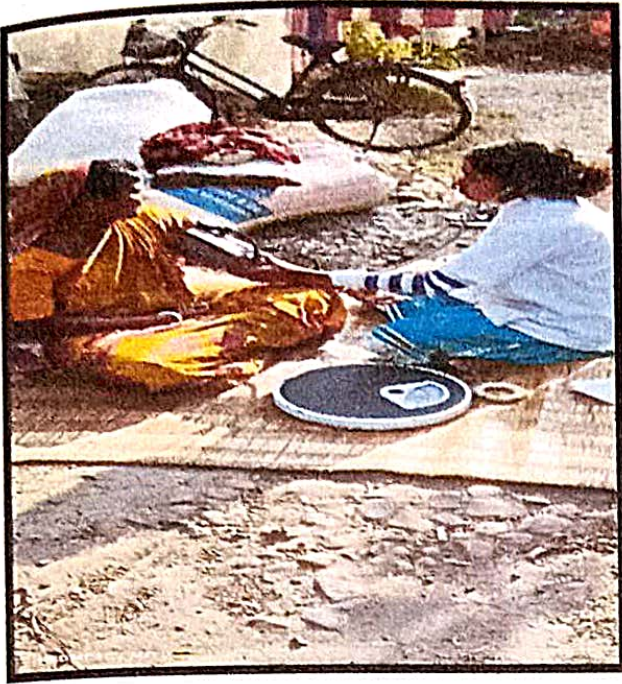


Plate : Different activities during survey of Non consumer of Pataspur-II Block area